



International  
Diabetes  
Federation



# Over 240 members in more than 160 countries and territories



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# International Diabetes Federation

The International Diabetes Federation (IDF) is an umbrella organisation of over 240 national diabetes associations in more than 160 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

IDF is the legitimate voice of the global diabetes community. Our greatest strength lies in the capacity of our membership and the ability to ground global advocacy in the reality of local experience. Our Members provide a large volunteering force to ensure we can achieve our strategic objectives, particularly in low- and middle-income countries where the Federation has a strong presence.

## Our vision:

Living in a world without diabetes

## Our mission:

Promoting diabetes care, prevention and a cure worldwide



**International  
Diabetes  
Federation**

IDF Members are organised at both global and regional level. Members belong to IDF at global level and are also grouped together in seven regional groups, which provide the opportunity for IDF Members within a geographical region to engage in collaborative action to improve the lives of people with diabetes.



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# Message from the IDF President

Despite the ongoing COVID-19 pandemic, the past year has brought rays of hope for the diabetes community. The centenary of the discovery of insulin, a landmark breakthrough in the history of medicine, has presented an opportunity to raise awareness of diabetes to an unprecedented level. In April, the World Health Organization launched the Global Diabetes Compact and United Nations Member States adopted a Resolution that calls for urgent coordinated global action to tackle diabetes.

The pandemic has continued to impact and disrupt our daily lives. In February, we took the difficult decision to postpone our onsite congress in Bangkok and host a fully virtual event. The main motivation was our desire to keep our community safe. As it turned out, we would not have had a choice. We remain committed to colleagues in Thailand and will organise a congress there as soon as the situation allows.

We are delighted that our first large-scale virtual event – the IDF Virtual Congress 2021 – attracted over 7,000 participants from more than 150 countries. Participants were able to get the latest updates on diabetes complications and the impact of COVID-19 on people living with diabetes, and we hope that everyone who took part found the experience stimulating and rewarding. Organising this large virtual event enabled us to gain valuable experience which we will take forward as we plan future events. Gathering the global diabetes community



**Professor Andrew Boulton**  
President, International  
Diabetes Federation

remains one of our key priorities and, remaining optimistic, we look forward to welcoming delegates in person to the IDF World Diabetes Congress in Lisbon from 5–8 December 2022.

In September, another significant achievement for IDF was the inclusion of SGLT2 inhibitors – oral medications used to lower blood glucose levels – on the WHO Essential Medicines List. We are delighted that our request was accepted. We will continue to work with our members and strategic partners to push for all essential components of diabetes care to be available and affordable across the globe.

Although important milestones were achieved during the year, much remains to be done. In November, we released the new findings from the IDF Diabetes Atlas 10th Edition which highlighted the alarming growth in the prevalence of diabetes around the world. In 2021, the global prevalence of diabetes reached 10.5% (537 million people), with almost half of adults with diabetes yet to be diagnosed. Furthermore, as we mark the centenary of the first successful use of therapeutic insulin, it is estimated that one in two people with diabetes who need this life-saving medication are unable to access or afford it. We cannot wait any longer for affordable and uninterrupted diabetes care to be made available to all who need it. As we emerge from the pandemic and the world seeks to build back better, we need to make sure that improved diabetes care is written clearly into the plans.

*“If not now, when?”* was our rallying cry for World Diabetes Day in November, the first year of a three-year focus (2021–23) on access to diabetes care. We called on national governments to provide the best possible care for people living with diabetes and develop policies to improve diabetes screening and prevent type 2 diabetes. In the coming years, we will continue to mark many relevant dates connected with the centenary of insulin, including subsequent developments that have helped transform diabetes care.

We extend our gratitude to everyone who has contributed to the achievements of the past twelve months, and would like to thank IDF’s long-term and new partners for their support and investment in our efforts to promote diabetes care and prevention worldwide.

United, our community has the numbers, the influence and the determination to bring about meaningful change for those we serve.

“As we emerge from the pandemic and the world seeks to build back better, we need to make sure that improved diabetes care is written clearly into the plans”



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# The global voice of people living with diabetes

As the global voice of diabetes, IDF aims to have a strong presence on the global stage.

Three main objectives inform our activities:

- Increasing global recognition of IDF and diabetes;
- Advocating globally for people with diabetes and those at risk;
- Empowering people living with diabetes.



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## World Diabetes Day

World Diabetes Day (WDD) – marked every year on 14 November – is the world’s largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries. The campaign highlights issues of paramount importance to the global diabetes community and keeps diabetes firmly in the public spotlight. It aims to be the global driver for change to reduce the significant human and economic impact of diabetes and improve the lives of people affected by the condition.

World Diabetes Day 2021 marked the first year of a three-year campaign on the theme **Access to Diabetes Care**. The overarching message that the campaign aimed to convey through its activities and resources was that 100 years after the discovery of insulin, millions of people with diabetes around the world cannot access the care they need.

The tagline of the campaign was **“Access to Diabetes Care, If Not Now, When?”**

Materials and communications developed for the campaign focused on highlighting the five fundamental components of diabetes care and their importance in managing diabetes and preventing complications:

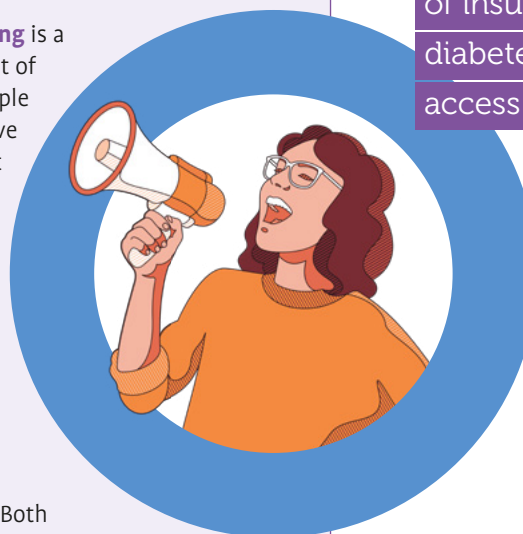
- 100 years after its discovery, millions of people with diabetes cannot access the **insulin** they need;
- Many people with diabetes need **oral medicines** to manage their condition. These remain unavailable or unaffordable in many low- and middle-income countries;

- **Blood glucose monitoring** is a fundamental component of diabetes care. Many people with diabetes do not have access to the equipment and supplies they need;
- People living with diabetes need **ongoing education** to manage their condition. Many do not have access to diabetes education;
- People living with or at risk of diabetes need access to **healthy food and a place to exercise**. Both are fundamental components of diabetes prevention and care.

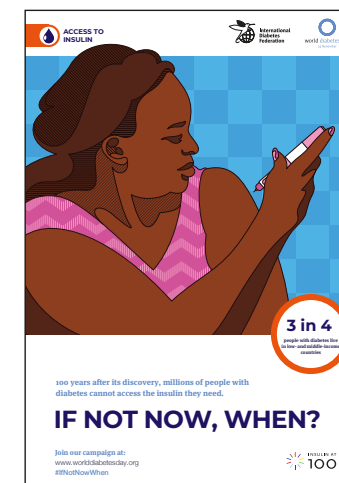
The focus of the 2021 campaign was a call to action that encouraged the global diabetes community to pledge their support online for four requests made by IDF to national governments: to provide the best possible care for people living with diabetes; to develop policies to improve prevention of type 2 diabetes; to improve diabetes screening to ensure timely diagnosis; and to meaningfully engage people with diabetes in the development of policy that concerns them.

In November, IDF released the findings from the IDF Diabetes Atlas 10th edition, highlighting the alarming growth in diabetes prevalence around the world and the urgent need to improve access to care for the millions of people affected.

[www.worlddiabetesday.org](http://www.worlddiabetesday.org)



“100 years after the discovery of insulin, millions of people with diabetes around the world cannot access the care they need”



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Insulin at 100

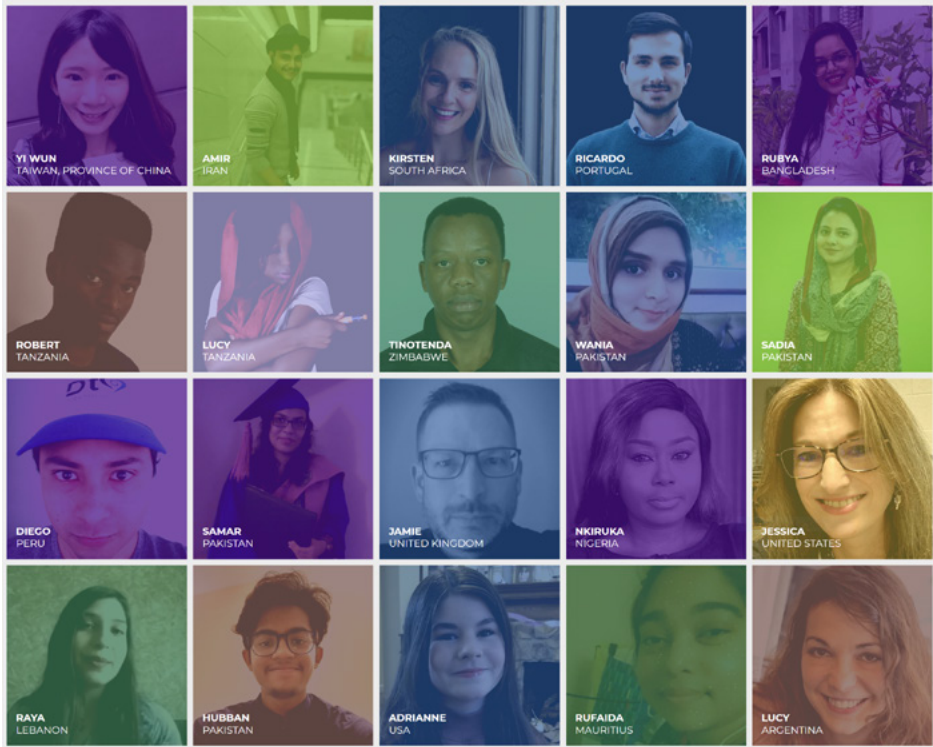
The centenary of the development of therapeutic insulin in 1921 by Frederick G. Banting and Charles H. Best, under the supervision of John J. R. Macleod and with the collaboration of James B. Collip, was a landmark breakthrough in the history of medicine and a milestone of considerable significance for many in the global diabetes community.

Thanks to the breakthrough by the team in Toronto and subsequent developments in insulin therapy, delivery and monitoring over the past century, insulin has saved and improved the lives of millions of people with diabetes. However, it is important to remind ourselves that it remains beyond the reach of many who need it. The centenary presents an opportunity to raise awareness of diabetes to an unprecedented level as a number of key dates relating to the discovery of insulin come to pass.

To mark the centenary, IDF launched a three-year campaign to celebrate the pioneering work that led to the discovery, along with the subsequent developments that have transformed diabetes care over the past 100 years, as well as to promote action to improve access to diabetes care.

Celebrating lives lived and elevating the voices of people living with diabetes is a key objective of the campaign. An online platform was launched to collect testimonials from people living with diabetes and their carers and a social media campaign was conducted related to historical figures and events in the history of diabetes. A special session dedicated to the centenary was held on the opening day of the IDF Virtual Congress 2021 in December, during which global experts looked back at the advances in diabetes care over the last one hundred years and discussed what needs to be done to ensure that insulin and diabetes care is accessible and affordable to all who require it.

[www.insulinat100.org](http://www.insulinat100.org)



“ The centenary presents an opportunity to raise awareness of diabetes to an unprecedented level ”



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### IDF Virtual Congress 2021

Every two years, IDF organises one of the largest global congresses focusing on diabetes-related complications, cutting-edge diabetes care, advocacy and awareness. Participants include physicians, scientists, nurses, educators and other healthcare professionals, as well as government representatives, policy makers, people with diabetes, industry, IDF national member associations and media.

From 6–11 December 2021, IDF hosted the **IDF Virtual Congress 2021**. This global online event featured the latest research on diabetes complications in three separate streams (Cardiovascular and Hypertension, Eye and Kidney, Foot and Neuropathy) plus a new stream dedicated to COVID-19 and diabetes. The opening day included sessions dedicated to the centenary of insulin and the launch of the IDF Diabetes Atlas 10th Edition 2021. The programme also looked at policy and advocacy issues critical to addressing the diabetes pandemic.

The six-day event attracted 7,000 healthcare professionals from over 150 countries. The virtual platform featured over 77 hours of sessions delivered by more than 150 speakers and an e-poster gallery with over 500 posters. The programme was accredited with 17 CME credits.

Sponsors of the IDF Virtual Congress 2021 provided engaging and informative sessions and industry presentations throughout the event.

The next IDF World Diabetes Congress will be held in Lisbon, Portugal, from 5–8 December 2022.

[www.idf.org/congress](http://www.idf.org/congress)

## IDF CONGRESS 2021 VIRTUAL COMPLICATIONS - COVID19 6-11 DECEMBER

“7,000 healthcare professionals  
from over 150 countries”



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# ADVOCATING GLOBALLY FOR PEOPLE WITH DIABETES AND THOSE AT RISK

IDF aims to promote change, development and growth through the implementation of effective advocacy campaigns informed by its projects and activities. Their main objective is to outline specific actions that will support people with diabetes and help implement effective policies to halt the rise of type 2 diabetes.

2021 was a landmark year for the diabetes community, with the adoption by the WHO Executive Board of the *Decision to Address Diabetes as a Public Health Concern*, the World Health Assembly Resolution on *Reducing the Burden of NCDs through Strengthening Prevention and Control of Diabetes*, and the launch of the WHO Global Diabetes Compact. IDF and its network were actively involved in the consultations leading up to these important outcomes, advocating for global action to improve the lives of people living with diabetes.

The WHO Global Diabetes Compact – launched on April 14 – is a framework for action on diabetes that aims to support countries in their efforts to prevent type 2 diabetes and ensure affordable treatment for everyone who needs it. It was launched during the Global Diabetes Summit, which featured interventions from several Heads

of State and high-level government representatives. IDF was represented by its President, Professor Andrew Boulton, and several members of its networks of people living with diabetes. On behalf of IDF, Professor Boulton welcomed WHO's increased focus on diabetes and pledged the Federation's support for the Compact through IDF advocacy and awareness activities.

On the occasion of the launch of the Compact, IDF released a policy brief on diabetes and hypertension together with the NCD Alliance and the World Heart Federation. *Pressure Points: Call for simultaneous action on diabetes and hypertension for more resilient health systems* makes the case that joint action on diabetes and hypertension is an opportunity for decision-makers to strengthen health systems and achieve a positive impact on individual well-being and sustainable development.

Throughout 2021, IDF hosted several online events to raise awareness and advocate on a number of topics. These included diabetes prevention, diabetes care during COVID-19 and the WHO Global Diabetes Compact.

[www.idf.org/advocacy](http://www.idf.org/advocacy)



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“IDF pledges its support to the Global Diabetes Compact through its advocacy and awareness activities”

## EMPOWERING PEOPLE LIVING WITH DIABETES

Several IDF initiatives are focused on ensuring that the voices of people living with diabetes, together with their carers and family members, are prominently heard and that their concerns and priorities are taken into account in national and global policy development.

### Blue Circle Voices

Blue Circle Voices (BCV) is a global network of people living with or affected by diabetes that strives to identify and represent the interests of the global diabetes community. In 2021, the network grew to include over 180 members from 70 countries.

Throughout the year, BCV members participated as panellists in several IDF online events and actively engaged in IDF's campaign to mark the centenary of insulin, contributing testimonials on the impact that diabetes has had on their lives.

[www.idf.org/our-network/blue-circle-voices](http://www.idf.org/our-network/blue-circle-voices)



“Over 180 members  
from 70 countries”

### Young Leaders in Diabetes

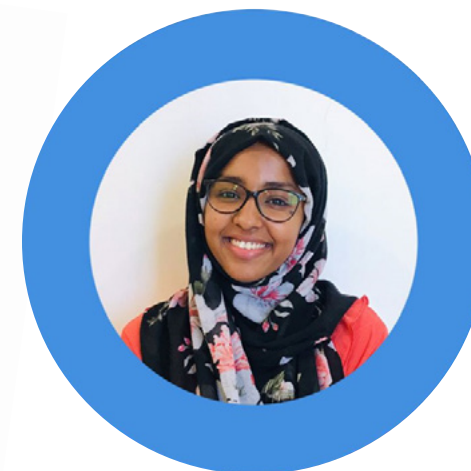
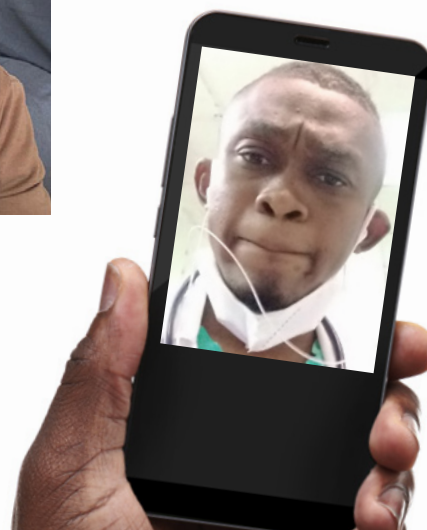
IDF Young Leaders in Diabetes (YLD) is a unique programme that brings together young people living with diabetes to learn from each other and share experiences to improve the lives of people affected by the condition. The programme identifies and supports the development of young leaders within the international diabetes community, empowering and educating them to support IDF's mission through close collaboration with IDF members.

In 2021, the YLD programme grew to include 228 members – 95 of which were new recruits from the 2022–2024 YLD cohort.

Throughout the year, YLD trainees collaborated with IDF members on the implementation of local or national projects relating to advocacy, education, diabetes camps, awareness and sports. Unfortunately, the COVID-19 pandemic forced a number of projects to be paused.

YLD members also engaged in IDF's centenary of insulin campaign by sharing their testimonials, as well as participating as panellists in several IDF online events.

[www.idf.org/our-network/young-leaders](http://www.idf.org/our-network/young-leaders)



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# Global programmes to drive diabetes prevention and policy development



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### IDF Diabetes Atlas

The IDF Diabetes Atlas is the authoritative source of evidence on the impact of diabetes worldwide. First published in 2000, it delivers essential information on the estimated and projected global, regional and national prevalence of diabetes for an audience of healthcare professionals, academics, advocates and policy makers.

The IDF Diabetes Atlas is produced by an editorial team and scientific committee comprising experts in the field of diabetes and epidemiology from all IDF regions. The scientific committee establishes special interest groups that provide guidance based on their area of expertise. In each edition of the Atlas, diabetes prevalence estimates are based on the best quality data available at the time of the analysis.

In 2021, IDF published the 10th edition of the IDF Diabetes Atlas. The scientific committee was led by the Atlas Co-Chairs, Professor Dianna Magliano and Professor Edward Boyko. New content addressed the impact of type 1 and type 2 diabetes at different stages of life, while a chapter on COVID-19 and diabetes looked at the correlation between diabetes and this new global health challenge.

The 10th edition confirmed diabetes as one of the fastest growing health emergencies of the 21st century.

In 2021:

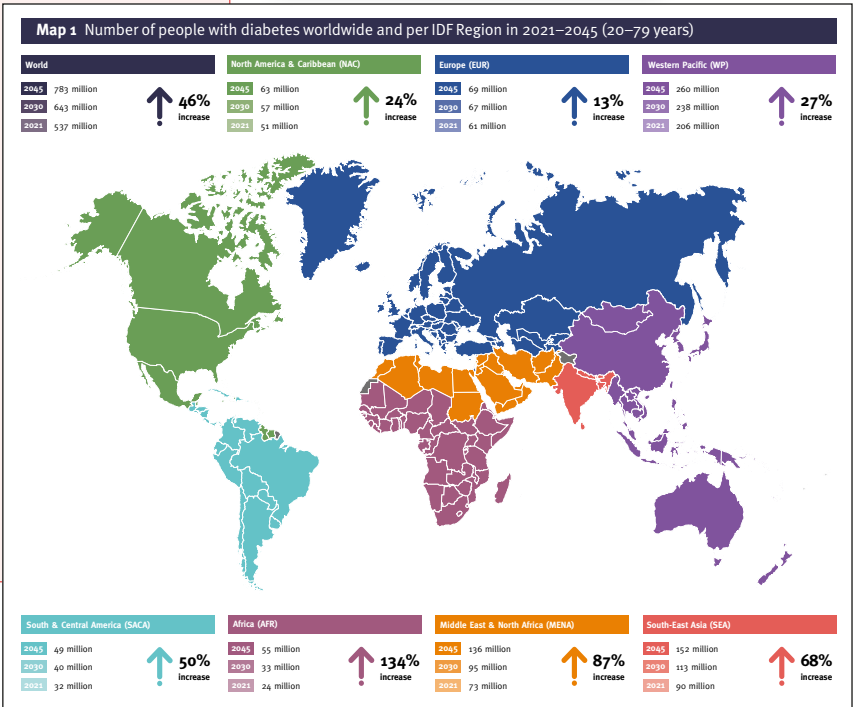
- 537 million adults (20–79 years) were estimated to be living with diabetes;
- Approximately half of people living with diabetes were undiagnosed;
- Diabetes was responsible for over 6.7 million deaths;
- Diabetes was responsible for close to one trillion USD in direct health expenditure;
- 541 million adults (20–79 years) had impaired glucose tolerance (sometimes called pre-diabetes);
- 1.2 million children and young adults under the age of 19 had type 1 diabetes.

The IDF Diabetes Atlas 10th edition is available for free download from the IDF Diabetes Atlas website, along with global and regional fact sheets and other supporting materials. The findings are also published in six scientific articles in Diabetes Research and Clinical Practice and were presented at the IDF Virtual Congress 2021.

[www.diabetesatlas.org](http://www.diabetesatlas.org)



“ 1 in 10 adults are living with diabetes in 2021 ”



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## TACKLING THE BARRIERS AND GAPS IN DIABETES EDUCATION

### IDF School of Diabetes

The IDF School of Diabetes was launched in 2016 to deliver high-quality, evidence-based online diabetes education for health professionals. Since then, it has grown to engage a community of over 71,000 healthcare professionals from 208 countries and territories.

Accredited by the European Accreditation Council for Continuing Medical Education (EACCME), the IDF School of Diabetes offers:

- Five tailor-made premium courses targeting diabetes educators, primary care physicians and general practitioners, specialists, healthcare professionals who wish to generate local diabetes epidemiology data, and medical doctors involved in the management and prevention of cardio-renal complications in type 2 diabetes;
  - Six multilingual free courses focusing on specific topics. These currently include: Prevention of Type 2 Diabetes; Diabetes and Ramadan; The role of the Diabetes Educator; Diabetic Retinopathy; Diabetes and Cardiovascular Diseases; and Management of Diabetic Macular Edema;
- The courses have been developed and translated with the scientific support and guidance of a

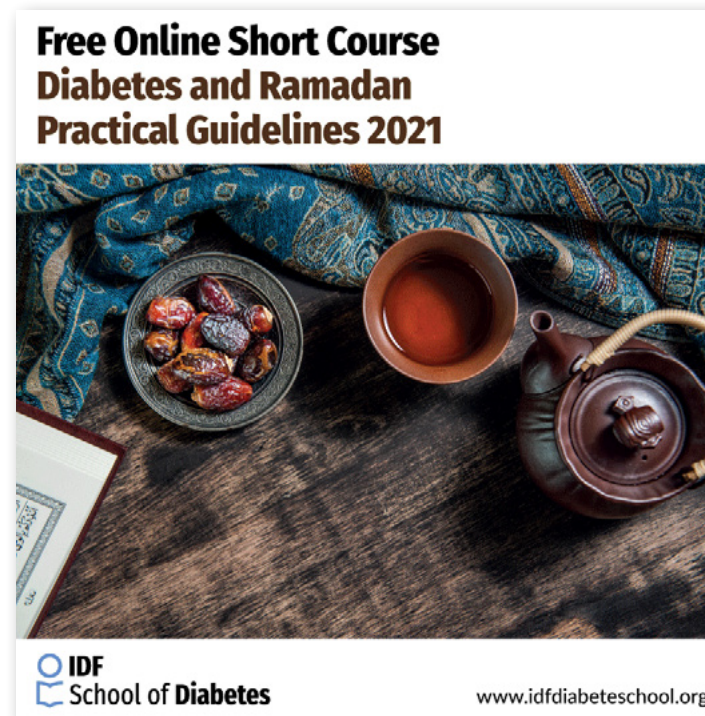
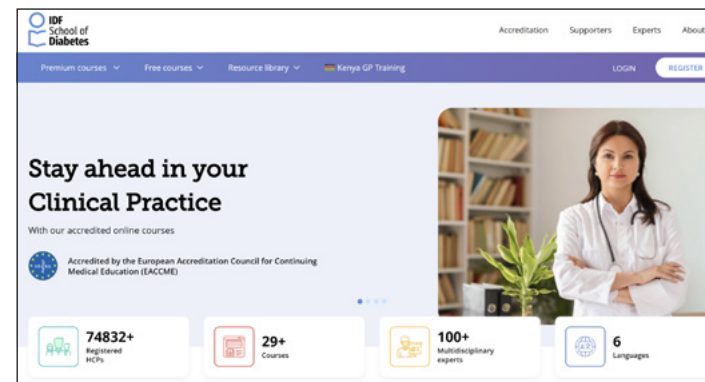
global network of more than 100 multidisciplinary diabetes experts.

In 2021:

- The School online platform was updated with a new user-friendly interface to improve the learning experience;
- The three premium courses (Primary Care Physicians and General Practitioners; Diabetes Educators; Specialists) were reviewed by Joslin Diabetes Centre and updated with new content;
- A new edition of the Diabetes and Ramadan free course and a Spanish version of the Prevention of type 2 diabetes free course were released;
- The IDF School of Diabetes helped build capacity and strengthen health systems in Colombia, Nigeria, Ghana, Pakistan and Egypt in partnership with over 1,380 primary care physicians, diabetes educators and specialists;
- The School launched a Chinese version of its platform to reach healthcare professionals in China. An IDF WeChat account was also launched to promote the School and other IDF initiatives in the country.

[www.idfdiabeteschool.org](http://www.idfdiabeteschool.org)

“Over 70,000 learners from 208 countries and territories”



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## KiDS and Diabetes in Schools (KiDS)

Launched in 2013, the Kids and Diabetes in Schools (KiDS) project aims to facilitate a safe and supportive school environment for children with diabetes, and promote healthy habits to help prevent type 2 diabetes from a young age. Target groups include children aged 6–14, teachers, school staff, parents and policy makers. KiDS offers a selection of multilingual resources that can be adapted for use in schools at local and national level. The KiDS programme has been implemented in 2,100 schools in 10 countries, engaging over 340,000 students and 19,800 teachers.

In 2021:

- Two new resources were released: the *KiDS Advocacy Toolkit* to help advocates encourage decision-makers to bring diabetes education into schools; and the *KiDS Virtual Implementation Leaflet*, a 10-step guide to the virtual implementation of KiDS, when face-to-face learning is not possible;
- IDF and the International Society for Pediatric and Adolescent Diabetes (ISPAD) conducted a series of campaigns calling on decision-makers in selected countries to include the KiDS programme within school curricula;
- To mark International Children's Rights Day, IDF hosted an online event on the potential of the KiDS programme, involving representatives from UNICEF and PAHO.

KiDS is an educational programme supported by Sanofi.

<https://kids.idf.org/>



“ KiDS has engaged over 340,000 students and 19,800 teachers in 10 countries ”

## IDF Centres of Excellence in Diabetes Care

IDF designates diabetes institutions and organisations to form part of an international voluntary network to initiate, coordinate, facilitate and provide high-quality services and multidisciplinary education in diabetes and other related chronic conditions. Twenty-three

institutions were designated as IDF Centres of Excellence in Diabetes Care for the 2021–2022 period.

<https://idf.org/our-activities/education/centres-of-excellence.html>



**International Diabetes Federation**  
Centre of Excellence in Diabetes Care



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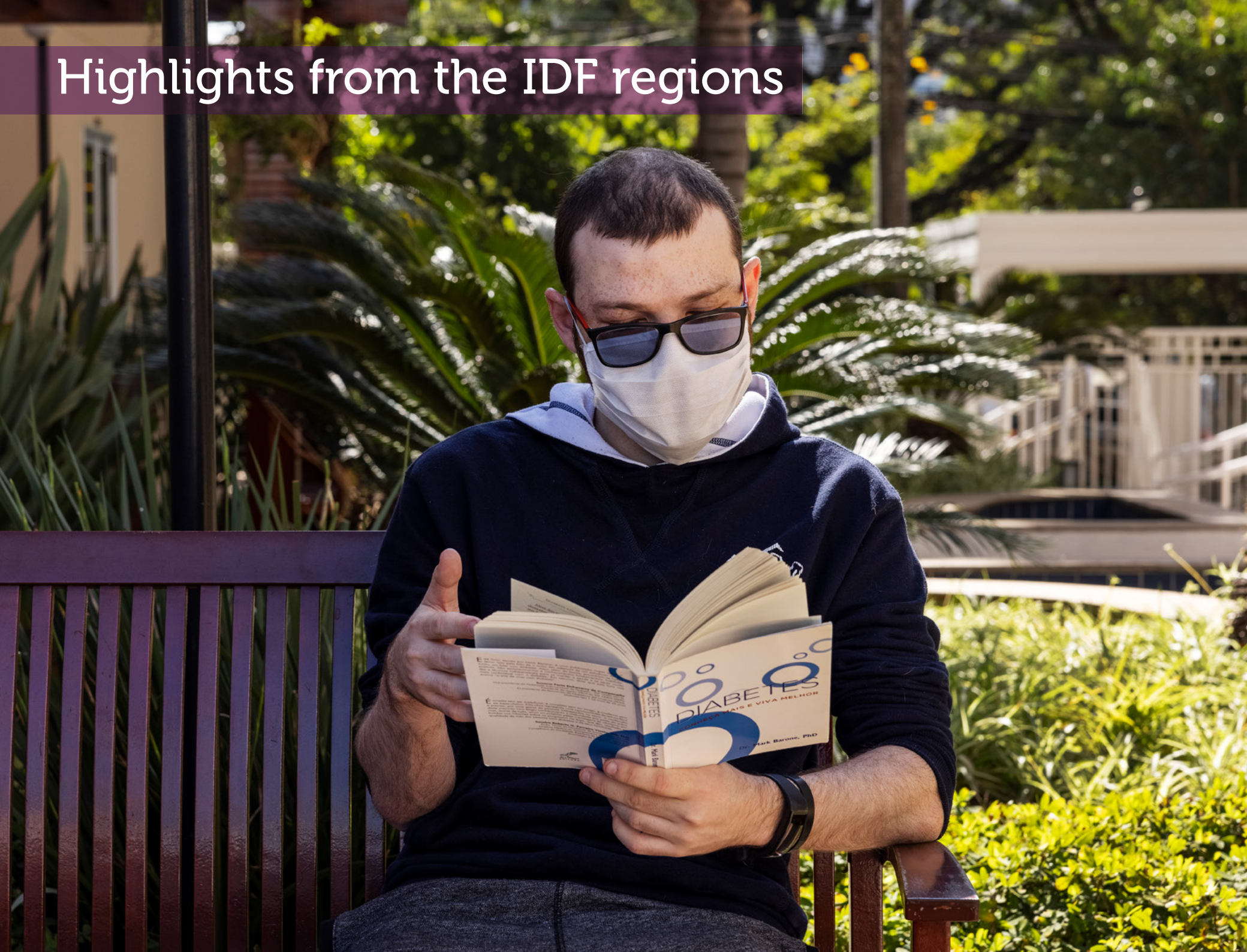
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# Highlights from the IDF regions



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## HIGHLIGHTS FROM THE IDF REGIONS

### Europe

IDF Europe launched a series of initiatives to mark the centenary of insulin. These included webinars, a dedicated website, video testimonials, country profiles on diabetes care across Europe, and a Twinning Programme for member associations. Other activities during the year included the Youth Leadership Lab, an online leadership training programme; active support for several EU-funded projects; and secretariat support for the EU MEP Interest Group on Diabetes (MEPs Mobilising for Diabetes or MMD).

### Middle East and North Africa

On 23–24 December, the Middle East and North Africa (MENA) region organised a virtual congress that attracted more than 3,000 participants from 75 countries within and beyond the region. Forty-four speakers and moderators presented nine scientific sessions on different topics relating to diabetes. Additionally, seven virtual scientific webinars were organised during the year, focusing on multiple aspects of diabetes management, education, prevention and treatment. Regional working groups released new guidelines on the treatment of type 2 diabetes and hyperglycaemia in pregnancy.

### North America and Caribbean

Despite ongoing restrictions related to COVID-19, member associations organised many activities in the region. These ranged from screenings for adults and children, to health fairs, webinars and education campaigns. Examples included:

- The launch in Trinidad and Tobago of an app for people living with diabetes that incorporates monitoring of individual targets; communication with healthcare providers and support networks; and fundraising;
- An 'Insulin at 100' exhibition in Antigua and Barbuda;

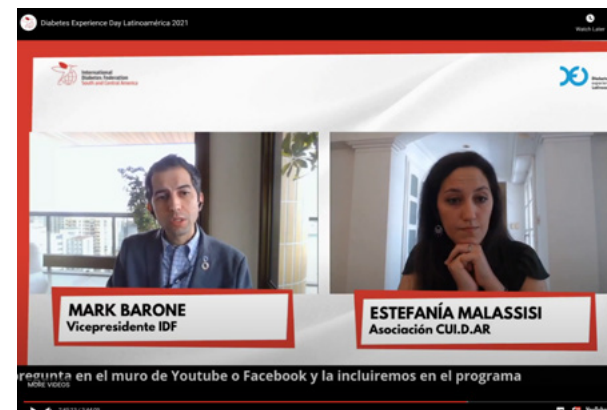
- Networking and information-sharing among members through email and a WhatsApp group.

### South and Central America

In September, the region organised a virtual event, Diabetes Experience Day Latin America (DEDLA), to mark the centenary of insulin and showcase the lives of people living with diabetes throughout South and Central America. The region took full advantage of technology to connect with members and people living with diabetes. Two WhatsApp groups were set up to exchange information in real time; regular e-alerts were sent with updates on regional activities; and the region's social media presence was expanded. Educational webinars were organised targeting members, people with diabetes and healthcare professionals. Regional Clinical Practice Guidelines on Diabetes Education were also developed by a panel of experienced diabetes educators.

### Western Pacific

In December, a session on Diabetes & Disasters was chaired and organised by Professor Alicia Jenkins and Professor Takashi Kadowaki as part of the IDF Virtual Congress 2021. The region continued to work on the second edition of the IDF-WPR Diabetes Care-Related Response to Natural Disasters, which will be launched in 2022. The first edition was made available on the IDF Western Pacific website, along with guidelines from Australia, China and Japan, plus research articles on COVID-19 and diabetes. Throughout the region, national initiatives were organised to mark the centenary of insulin, and several blue lighting ceremonies were held to mark World Diabetes Day in November.



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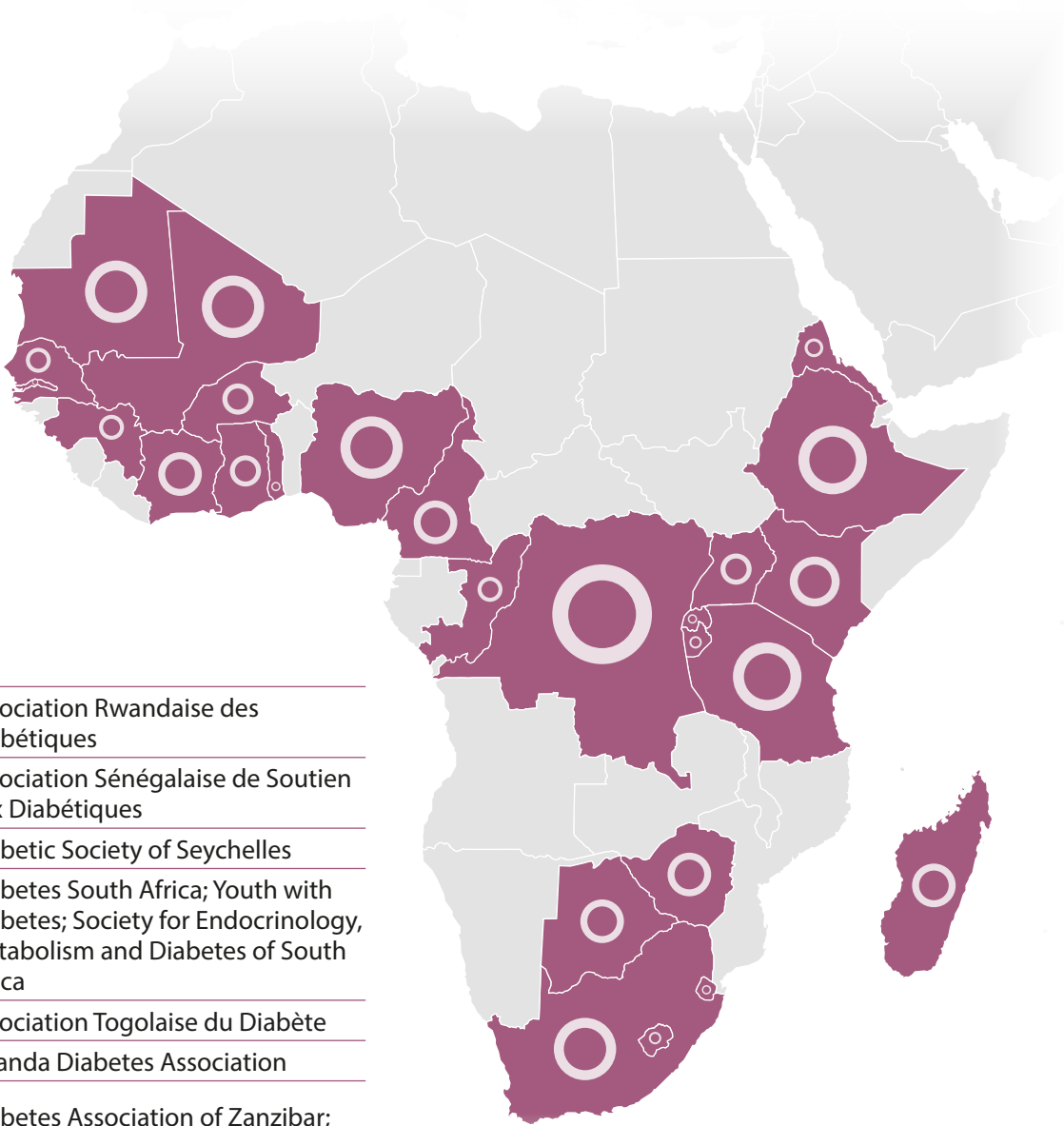
THE ORGANISATION

Africa (AFR)

**Chair:** Dr John Mangwiro, Zimbabwe  
**Chair-elect:** Prof Jacko Abodo, Côte d'Ivoire

Botswana	Diabetes Association of Botswana
Burkina Faso	Association Burkinabe d'Aide aux Diabétiques
Burundi	Burundian Diabetes Association
Cameroon	Cameroon Diabetes Association
Congo	Diabaction-Congo
Côte d'Ivoire	Association des Diabétiques de Côte d'Ivoire; Association Obésité et Diabète de Côte d'Ivoire
Democratic Republic of the Congo	Association des Diabétiques du Congo; Association Vaincre le Diabète au Congo
Eritrea	Eritrean National Diabetic Association
Eswatini	Diabetes Eswatini
Ethiopia	Ethiopian Diabetes Association
Gambia	Gambian Diabetes Association
Ghana	National Diabetes Association
Guinea	Association Guinéenne d'Education et d'Aide aux Diabétiques
Kenya	Diabetes Kenya
Lesotho	Lesotho Diabetes Association
Madagascar	Association Malgache contre le Diabète
Mali	Association Malienne de Lutte contre le Diabète
Mauritania	Association Mauritanienne de Lutte Contre le Diabète
Nigeria	Diabetes Association of Nigeria

Rwanda	Association Rwandaise des Diabétiques
Senegal	Association Sénégalaise de Soutien aux Diabétiques
Seychelles	Diabetic Society of Seychelles
South Africa	Diabetes South Africa; Youth with Diabetes; Society for Endocrinology, Metabolism and Diabetes of South Africa
Togo	Association Togolaise du Diabète
Uganda	Uganda Diabetes Association
United Republic of Tanzania	Diabetes Association of Zanzibar; Tanzania Diabetes Association
Zimbabwe	Zimbabwe Diabetic Association



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## THE ORGANISATION

### Europe (EUR)

**Chair:** Dr Niti Pall, United Kingdom

**Chair-elect:** Prof Nebojsa Lalic, Serbia

Albania	Albanian Diabetes Association
Armenia	Armenian Association of Diabetes
Austria	Österreichische Diabetes Gesellschaft
Azerbaijan	Azerbaijan Diabetes League; Azerbaijan Diabetes Society
Belarus	Belarussian Humanitarian Organisation Children's Diabetes; Belarussian Society of Endocrinologists
Belgium	Association Belge du Diabète; Diabetes Liga

Bosnia and Herzegovina	Society of Endocrinology and Diabetology in Bosnia and Herzegovina
Bulgaria	Bulgarian Diabetes Association; Bulgarian Society of Endocrinology
Croatia	Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruga
Cyprus	Cyprus Diabetic Association; Cyprus Association for People with Diabetes
Czechia	Ceska Diabetologicka Spolecnost; SVAZ Diabetikù České Republiky
Estonia	Estonian Diabetes Association
Faroe Islands	Diabetesfelag Foroya
Finland	Finnish Diabetes Association
France	Fédération Française des Diabétiques

Georgia	Diabetic Children's Protection Association; Georgian Union of Diabetes and Endocrine Associations
Germany	DiabetesDE
Greece	Hellenic Diabetes Association; Hellenic Diabetes Federation; Panhellenic Federation of People with Diabetes
Hungary	Magyar Diabetes Tarsasag
Iceland	Samtök Sykursjúkra
Israel	Israel Diabetes Association
Italy	Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Società Italiana di Diabetologia
Kazakhstan	Diabetic Association of the Republic of Kazakhstan; Association of Doctors-Endocrinologists of Kazakhstan
Kyrgyzstan	Diabetes and Endocrinological Association of Kyrgyzstan
Latvia	Latvian Diabetes Association; Latvian Diabetes Federation
Lithuania	Lithuanian Diabetes Association
Luxembourg	Association Luxembourgeoise du Diabète
Malta	Maltese Diabetes Association
North Macedonia	Macedonian Diabetes Association
Norway	Norges Diabetesforbund
Republic of Moldova	Prodiab



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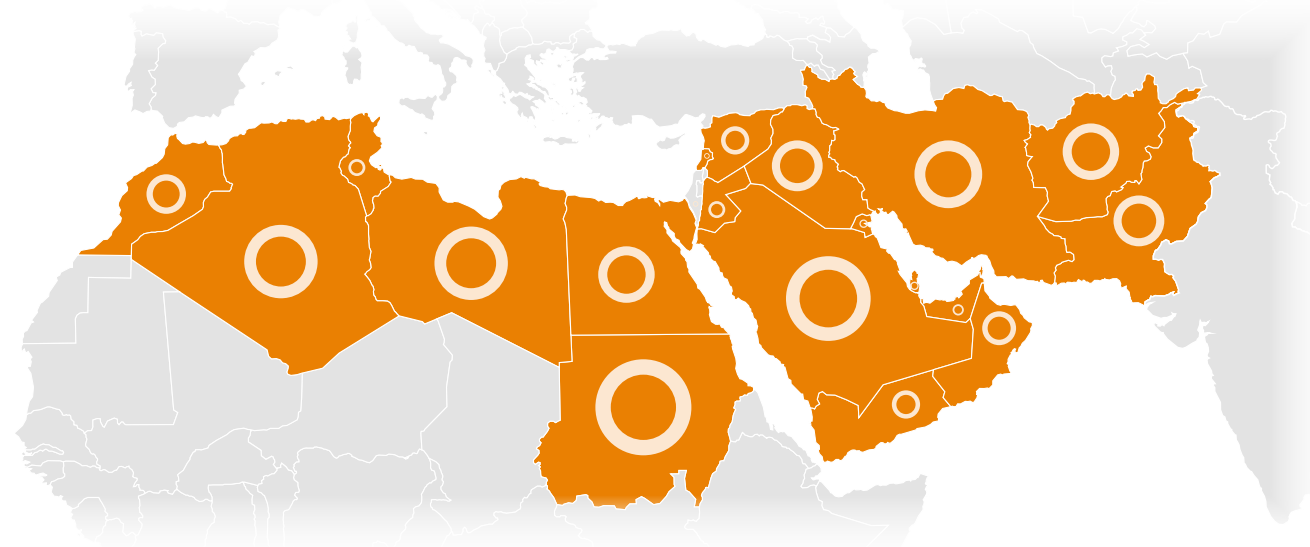
Poland	Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne
Portugal	Associação Protectora dos Diabéticos de Portugal; Sociedade Portuguesa de Diabetologia
Romania	Federatia Romana de Diabet, Nutritie, Boli Metabolice; Societatea Romana de Diabet, Nutritie si Boli Metabolice
Russian Federation	Russian Diabetes Federation
Serbia	Diabetes Association of Serbia; Serbian Association for the Study of Diabetes
Slovakia	Diador; Slovenska Diabetologicka Spolocnost; ZVAZ Diabetikov Slovenska
Slovenia	Zveza Drustev Diabetikov Slovenije
Spain	Sociedad Española de Diabetes
Sweden	Svenska Diabetesförbundet; Swedish Society for Diabetology
Switzerland	Schweizerische Diabetes-Gesellschaft
Turkey	Turkish Diabetes Association; Turkish Diabetes Foundation
Ukraine	International Diabetes Association of Ukraine; Ukrainian Diabetic Federation
Uzbekistan	Endocrinological and Diabetes Association of Uzbekistan; Tashkent Charity Public Association of the Disabled and People with DM "UMID"

## Middle East and North Africa (MENA)

**Chair:** Prof Jamal Belkhadir, Morocco  
**Chair-elect:** Dr Mohamed Sandid, Lebanon

Afghanistan	Afghanistan Diabetes Association
Algeria	Setif Diabetes Association
Bahrain	Bahrain Diabetes Society
Egypt	Arabic Association for the Study of Diabetes & Metabolism; Egyptian Diabetes Association; Upper Egypt Diabetes Association
Iran	Gabric; Iranian Diabetes Society
Iraq	Iraqi Diabetes Association
Jordan	Jordanian Society for the Care of Diabetes
Kuwait	Kuwait Diabetes Society
Lebanon	Chronic Care Center; DiaLeb; Lebanese Diabetes Association
Libya	Libyan Diabetic Association; Libyan Pediatric Diabetes Society

Morocco	Ligue Marocaine de Lutte contre le Diabète
Oman	Oman Diabetes Society
Pakistan	Diabetic Association of Pakistan
Qatar	Qatar Diabetes Association
Saudi Arabia	Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association; Saudi Society of Endocrinology & Metabolism
State of Palestine	Diabetes Palestine
Sudan	Sudanese Diabetes Association
Syrian Arab Republic	Syrian Diabetes Association
Tunisia	Association of Endocrinologists-Diabetologists of Sfax
United Arab Emirates	Emirates Diabetes Society
Yemen	Yemen Diabetes Association



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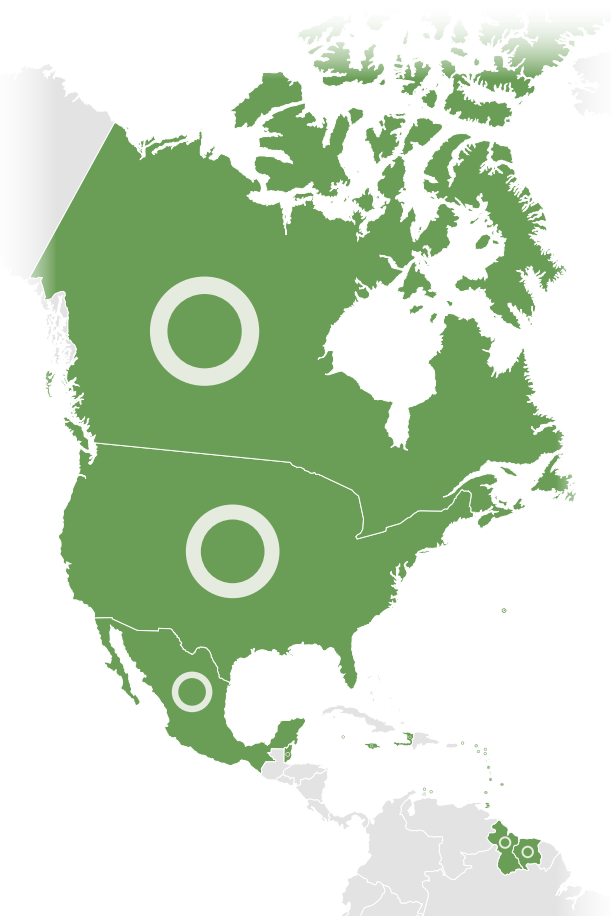


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North America and Caribbean (NAC)

**Chair:** Dr Timotheus Dorh, Saint Lucia  
**Chair-elect:** Dr Reginald O'Loughlin, Saint Kitts and Nevis

Anguilla	Anguilla Diabetes Association
Antigua and Barbuda	Antigua and Barbuda Diabetes Association
Aruba	Aruba Diabetes Foundation
Barbados	Diabetes Association of Barbados
Belize	Belize Diabetes Association
Bermuda	Bermuda Diabetes Association



British Virgin Islands	British Virgin Islands Diabetes Association
Canada	Diabète Québec
Cayman Islands	Cayman Islands Diabetes Association
Curaçao	Sosiedat Kurasoleno di Diabetiko
Dominica	Dominica Diabetes Association
Grenada	Grenada Diabetes Association
Guyana	Guyana Diabetic Association
Haiti	Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires
Jamaica	Diabetes Association of Jamaica
Mexico	Federación Mexicana de Diabetes; Sociedad Mexicana de Nutrición y Endocrinología
Montserrat	Montserrat Diabetes Association
Saint Kitts and Nevis	St Kitts Diabetes Association
Saint Lucia	St Lucia Diabetic and Hypertension Association
Sint Maarten	Diabetes Foundation of Sint Maarten
Suriname	Diabetes Vereniging Suriname
Trinidad and Tobago	Diabetes Association of Trinidad and Tobago
United States of America	American Diabetes Association

South and Central America (SACA)

**Chair:** Dr Douglas Villarroel, Bolivia  
**Chair-elect:** Prof Fadlo Fraige, Brazil

Argentina	Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección al Diabético; Sociedad Argentina de Diabetes
Bolivia	Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición; Vivir con Diabetes



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Brazil	Associação de Diabetes Juvenil; Federação Nacional de Associações e Entidades de Diabetes; Instituto da Criança com Diabetes; Sociedade Brasileira de Diabetes
Chile	Sociedad Chilena de Endocrinología y Diabetes
Colombia	Asociación Colombiana de Diabetes; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad
Costa Rica	Asociación Costarricense Lucha contra la Diabetes; Asociación Costarricense de Endocrinología (ASCEND)
Cuba	Sociedad Cubana de Diabetes
Dominican Republic	Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes
Ecuador	Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos "Casa de la Diabetes"
El Salvador	Asociación Salvadoreña de Diabetes
Guatemala	Patronato de Pacientes Diabéticos de Guatemala
Honduras	Asociación Nacional de Diabeticos de Honduras (ANADIH)
Nicaragua	Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua; Fundación Nicaraguense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos

Paraguay	Sociedad Paraguaya de Diabetología
Peru	Asociación de Diabetes del Peru; Asociación de Diabéticos Juveniles del Perú
Puerto Rico	Asociación Puertorriqueña de Educadores en Diabetes
Uruguay	Asociación de Diabéticos del Uruguay; Sociedad de Diabetología y Nutrición del Uruguay
Venezuela	Federación Nacional de Asociaciones y Unidades de Diabetes; Sociedad Venezolana de Endocrinología y Metabolismo

## South-East Asia (SEA)

**Chair:** Dr Shashank Joshi, India

**Chair-elect:** Prof Azad Khan, Bangladesh

Bangladesh	Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association
India	Diabetic Association of India; Research Society for the Study of Diabetes in India; The Research Trust of DiabetesIndia
Maldives	Diabetes Society of Maldives
Mauritius	Diabetes Foundation Mauritius; Mauritius Diabetes Association
Nepal	Nepal Diabetes Association
Sri Lanka	Diabetes Association of Sri Lanka



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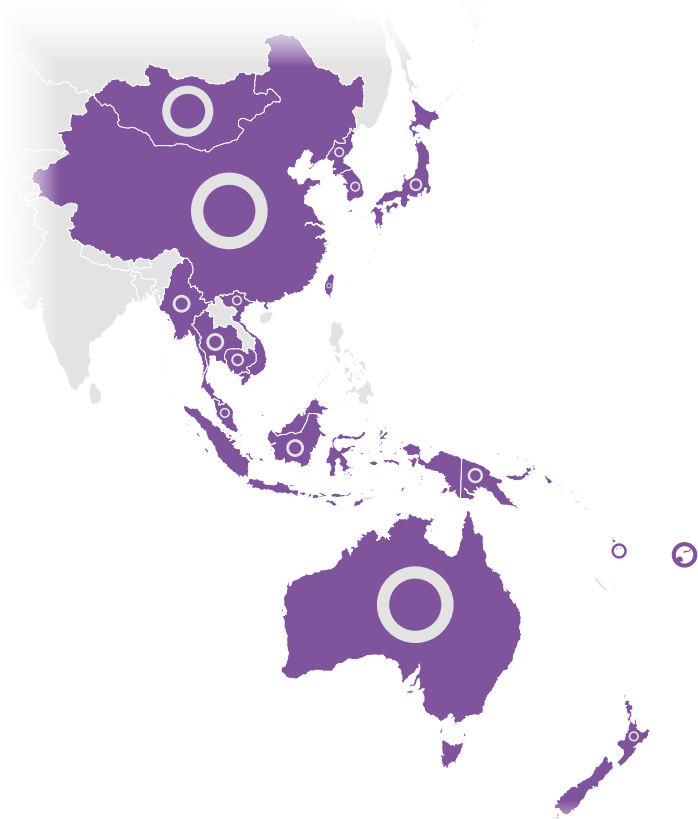
THE ORGANISATION

Western Pacific (WP)

**Chair:** Prof Moon-Kyu Lee, Republic of Korea  
**Chair-elect:** Dr Takashi Kadowaki, Japan

Australia	Diabetes Australia
Cambodia	Cambodian Diabetes Association
China	Chinese Diabetes Society
China, Hong Kong SAR	Diabetes Hongkong; Youth Diabetes Action; Hong Kong Society of Endocrinology, Metabolism and Reproduction
China, Macao SAR	Macau Diabetes Association
China, Taiwan Province of China	Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators
Dem. People's Republic of Korea	Diabetes Committee of Hospitals Association of Korea
Fiji	Diabetes Fiji
Indonesia	Persatuan Diabetes Indonesia
Japan	Japan Association for Diabetes Education and Care; Japan Diabetes Society
Malaysia	Diabetes Malaysia
Mongolia	Mongolian Diabetes Association
Myanmar	Myanmar Diabetes Association
New Zealand	Diabetes New Zealand
Papua New Guinea	Diabetic Association of Papua New Guinea
Philippines	Diabetes Philippines

Republic of Korea	Korean Diabetes Association; Korean Diabetes Society
Singapore	Association of Diabetes Educators Singapore; Diabetes Singapore
Thailand	Diabetes Association of Thailand
Tonga	Tonga Diabetes Association



TRANSNATIONAL MEMBERS

Asociación Latinoamericana de Diabetes
Diabetes in Asia Study Group
Direct Relief
European Association for the Study of Diabetes
Juvenile Diabetes Research Foundation
Société Francophone du Diabète
The Asian Association for the Study of Diabetes



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## THE ORGANISATION

### IDF BOARD OF DIRECTORS

**President:** Prof Andrew Boulton,  
United Kingdom

**President-elect:** Prof Akhtar Hussain, Norway

#### Vice-Presidents

Mr François Seynaeve, Belgium

Mr Fredrik Löndahl, Sweden

Prof Naby Baldé, Guinea

Prof Stephen Colagiuri, Australia

Dr Iryna Vlasenko, Ukraine

Dr Mark Barone, Brazil

Mr Kyle Jacques Rose, France

Prof Joao Valente Nabais, Portugal

#### Regional Chairs

Dr John Mangwiro, Zimbabwe, AFR

Dr Niti Pall, United Kingdom, EUR

Prof Jamal Belkhadir, Morocco, MENA

Dr Timotheus Dorh, Saint Lucia, NAC

Dr Douglas Villarroel, Bolivia, SACA

Dr Shashank Joshi, India, SEA

Prof Moon-Kyu Lee, Republic of Korea, WP

#### Past President

Prof Nam H. Cho, Republic of Korea

### Honorary Presidents

Prof Sir George Alberti, United Kingdom

Ms María de Alva, Mexico

Prof Pierre Lefèbvre, Belgium

Prof John R. Turtle, Australia

Prof Paul Zimmet, Australia

Prof Martin Silink, Australia

Prof Jean Claude Mbanya, Cameroon

Sir Michael Hirst, United Kingdom

### Honorary members

Prof Azad Khan, Bangladesh

Mr Ronald McNeill Decker, Australia

Prof Thomas O Johnson, Nigeria

Prof Michiel Krans, The Netherlands

Sir Alister McIntyre, Jamaica

Prof Linda Siminerio, United States of America

Prof Sunthorn Tandhanand, Thailand

Mr Brian Wentzell, Canada

### BOARD STANDING COMMITTEES

#### Audit and Risk Management Committee

**Chair:** Mr François Seynaeve, Belgium

Dr Timotheus Dorh, Saint Lucia

Dr John Mangwiro, Zimbabwe

Dr Iryna Vlasenko, Ukraine

#### Finance

**Chair:** Mr François Seynaeve, Belgium

Prof Jamal Belkhadir, Morocco

Dr Shashank Joshi, India

Dr Iryna Vlasenko, Ukraine

### Strategic Governance and Ethics

**Chair:** Mr Fredrik Löndahl, Sweden

Prof Naby Baldé, Guinea

Prof Stephen Colagiuri, Australia

Prof Akhtar Hussain, Norway

Prof Joao Valente Nabais, Portugal

### OTHER COMMITTEES

#### IDF Virtual Congress 2021

**Chair:** Prof. João Felipe Raposo, Portugal

#### IDF World Diabetes Congress 2022

**Chair:** Prof. Jonathan Shaw, Australia

**Vice-Chair:** Prof. João Valente Nabais, Portugal

#### Nominating Committee

**Chair:** Prof Nam H. Cho, Republic of Korea

Professor Angus Forbes, United Kingdom

Ms Zobida Ragbirsingh, Trinidad and Tobago

Dr Ali Siyan, Maldives

Mr Serge Langlois, Canada

Prof. Akhtar Hussain, Norway

### IDF PROGRAMMES

#### IDF Diabetes Atlas

Prof Dianna Magliano, Australia

Prof Edward J. Boyko, United States of America



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## THE ORGANISATION

### IDF CENTRES OF EXCELLENCE IN DIABETES CARE

IDF Region	Institute	Country	City
EUR	APDP - Associação Protectora dos Diabéticos de Portugal , Lisboa - Portugal	Portugal	Lisbon
	Leicester Diabetes Centre, University of Leicester, Leicester - UK	UK	Leicester
	Diabetes Center, Clinic for Endocrinology, Diabetes and Metabolic Diseases, Clinical Center of Serbia, Belgrade - Serbia	Serbia	Belgrade
	Vuk Vrhovac University Clinic for Diabetes, Endocrinology and Metabolic Diseases, Merkur University Hospital, Zagreb - Croatia	Croatia	Zagreb
MENA	Chronic Care Center, Baabda - Lebanon	Lebanon	Baabda
	Dubai Diabetes Center, Dubai Health Authority, Dubai - UAE	United Arab Emirates	Dubai
	Endocrinology Department, Dubai Hospital, Dubai Healthcare Corporation (DHC), Dubai - UAE	United Arab Emirates	Dubai
	Imperial College London Diabetes Centre (ICLDC), Abu Dhabi - UAE	UAE	Abu Dhabi
NAC	Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán, Mexico - Mexico	Mexico	Mexico
SACA	National Diabetes Attention Association - ANAD, Sao Paulo - Brazil	Brazil	Sao Paulo
	Asociación Colombiana de Diabetes (ACD), Bogota - Colombia	Colombia	Bogota
	Health Horizons International Foundation, Villa Montellano - Dominican Republic	Dominican Republic	Villa Montellano
	Instituto da Criança com Diabetes (ICD), Porto Alegre - Brazil	Brazil	Porto Alegre
SEA	M.V. Hospital for Diabetes & Prof. M. Viswanathan Diabetes Research Centre, Chennai - India	India	Chennai
	Raheja Fortis Hospital of Diabetic Association of India, Mumbai - India	India	Mumbai
	Jothydev's Diabetes Research Centre (JDC), Trivandrum - India	India	Trivandrum
	Chellaram Diabetes Institute, Pune - India	India	Pune
	Dr. Mohan's Diabetes Specialities Centre, Chennai - India	India	Chennai
	Swasthya (Yash Diabetes Specialities LLP, All India Institute of Diabetes and Research), Ahmedabad - India	India	Ahmedabad
	Baqai Institute of Diabetology & Endocrinology	Pakistan	Karachi
WP	Diabetes Center, Taichung Veterans General Hospital, Taichung - Taiwan	China, Taiwan, Province of China	Taichung
	The Chinese University of Hong Kong – Prince of Wales Hospital Diabetes Centre, Hong Kong - Hong Kong	Hong Kong	Hong Kong
	Faculty of Medicine Siriraj Hospital, Bangkok - Thailand	Thailand	Bangkok



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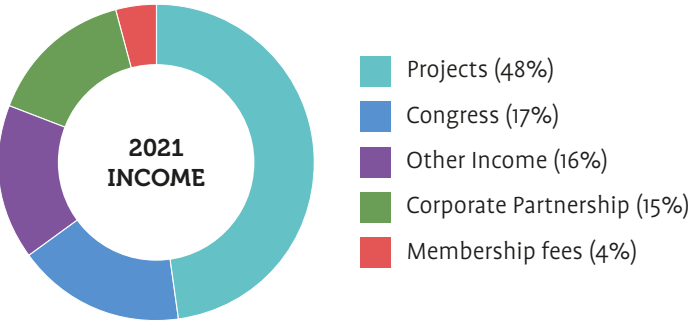


Financial statements\*

Profit & loss analysis (€)

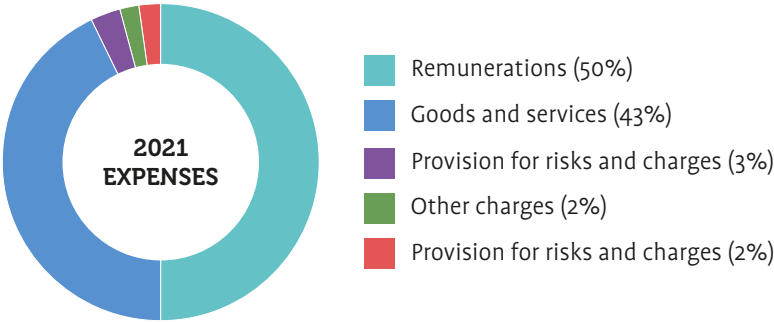
<b>TURNOVER</b>	<b>2,597,893</b>
Membership fees	119,900
Corporate partnership	450,000
Projects	1,494,372
Congress	533,621
Other income	489,702
<b>Total income</b>	<b>3,087,595</b>
Goods and services	-1,457,686.13
Remunerations	-1,293,770.71
Depreciation	-1,962.34
Provision for risks and charges	0.00
Other charges	-36,789.16
Financial income	24,899.79
Financial charges	-27,162.45
<b>Total expenses</b>	<b>-2,792,471</b>

Results before taxes



IDF balance sheet (€)

<b>FIXED ASSETS</b>	<b>910</b>
Intangible assets	0
Tangible assets	521
Financial assets	389
<b>CURRENT ASSETS</b>	<b>7,301,094</b>
Stock and contracts in progress	0
<b>Amounts receivable within one year</b>	<b>232,368</b>
Trade debtors	208,458
Other amounts receivable	23,910
<b>Investments</b>	<b>5,268,628</b>
<b>Cash at bank and in hand</b>	<b>1,643,513</b>
<b>Deferred charges and accrued income</b>	<b>156,585</b>
<b>TOTAL ASSETS</b>	<b>7,302,003</b>



<b>CAPITAL AND RESERVES</b>	<b>3,546,253</b>
<b>Designated funds</b>	<b>973,000</b>
<b>Profit carried forward</b>	<b>2,573,253</b>
<b>PROVISION AND DEFERRED TAXATION</b>	<b>0</b>
Provision for liabilities and charges	0
<b>CREDITORS</b>	<b>3,755,750</b>
<b>Amounts payable within one year</b>	<b>3,641,298</b>
Financial debts	1,000,000
Trade debts	262,013
Advance on contracts in progress	2,190,306
Taxes and remunerations	188,978
Other amounts payable	0
<b>Accrued charges and deferred income</b>	<b>114,452</b>
<b>TOTAL LIABILITIES</b>	<b>7,302,003</b>

\*Subject to approval by the IDF General Assembly



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PARTNERSHIP

The International Diabetes Federation (IDF) seeks to partner with responsible corporations and foundations to advance its mission to promote diabetes care, prevention and a cure worldwide and guarantee the sustainability and impact of the Federation. IDF strongly believes in mutually beneficial strategic alliances to elevate diabetes to the top of the public agenda. IDF is grateful to the following partners that helped further its advocacy, communication and programme activities in 2021.

Gold partners



Silver partners



Bronze partners



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Federation**

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🌐 [www.idf.org](http://www.idf.org)

